THE ESPLANADE
Hotel

LUNCH MENU

Served 12pm - 5.30pm

Homemade soup of the day, warm bread roll (v)	£5
Fishcakes, rocket, sweet chilli, coriander dressing	£6
Loaded fries, BBQ pulled pork, cheese	£7
Creamy carbonara, smoked bacon & mushroom, parmesan cheese	£10
Catch of the day, confit fennel, cherry tomato, new potatoes, lambs lettuce salad, pesto dressing	£14
Fish & chips, Cornish ale battered fillet of haddock, rustic chips, mushy peas, tartar sauce	£12
Esplanade burger, BBQ pulled pork, cheese, onion rings, mayonnaise, fries	£12
Club sandwich, cos lettuce, mayonnaise, chicken, tomato, bacon, coleslaw, fries	£10
Fish finger sandwich, tartar sauce, fries	£8
Superfood salad, quinoa, avocado, broccoli, beetroot, pomegranate, asparagus, seeds (v) *(add chicken, salmon or halloumi for £4)*	£9
Greek salad, olives, sun-blushed tomatoes, red onion, cucumber, feta cheese (v)	£9
Classic Caesar salad, cos lettuce, croutons, bacon lardons, anchovy, Caesar dressing (v) *(add chicken, salmon or halloumi for £4)*	£9

Sandwiches/ toasties £6

Served on white or brown bread with coleslaw and crisps

- Tuna mayonnaise and cucumber
- Egg mayonnaise and cress (v)
- Coronation chicken
- Cheese and pickle (v)
- Ham and tomato

Chocolate brownie, chocolate sauce, rum and raisin ice cream	£6
Fresh fruit salad, Cornish clotted cream	£6
Cornish cheeseboard, Tribute chutney, grapes, celery, crackers	£8
Selection of ice cream, brandy snap basket	£5

We are driven by the seasons and inspired by our specialist Cornish growers, farmers and fishermen. All our dishes are freshly prepared and cooked to order so may take a little time. We have full allergen information on all of our dishes, please ask your host for more information.